



Keynotes Workshops Training Days

## MICHAEL BEAUMONT

## Founder | Leading Healthy

From 30 years in leadership, Michael is passionate about helping leaders be healthy people and helping businesses build healthy cultures. Gifted at wrapping insightful truths and challenging messages in the laughter (and sometimes, tears) of great story telling, Michael shares wisdom with a humility and power that makes an impact. Whether sharing in a group of ten or presenting on a stage to a thousand, Michael is always a crowd favorite at conferences, training days, and workshops.

## Book Michael for your event today:

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"For the past several years, Michael has been a keynote speaker at our annual team training days. At first, it was me asking him to come; now it's every team member that requests him to speak. Michael delivers a powerful message every time."

- Gerrick Taylor, Owner, Taylor's QLS



"Michael and Leading Healthy have been a GAME CHANGER for our organization. We are beyond excited about our partnership with Leading Healthy and the positive impact Michael has on our company"

- Chris Dalzell, Owner, Shoreline Construction



"Michael is always evaluating the environment of leadership and capturing changes into a package that is clear to digest and practical to implement."

- Scott Beebe, Founder, Business on Purpose

## **POPULAR TALKS:**

- 5 Distinctives of a Healthy Leader
- The Power and Influence of Culture
- Rhythm Matters ("Balance" is a Myth)
- Know Who You Are; Accept Who You Aren't (Identity)
- 3 Keys to Healthy Conflict

Custom talks are always an option; Michael loves to learn about new topics and build event specific "chats."

Keynote

90 Minute Workshops, 1 Day and 2 Day Team Training